

# Interim ACLS CPR/AED Testing Checklist

## Adult 1-Rescuer CPR and AED Test

Released: November 2010

Student Name: \_\_\_\_\_ Date of Test: \_\_\_\_\_

Skill Step	Critical Performance Steps	Adult CPR With AED <input checked="" type="checkbox"/> if done correctly
1	Checks unresponsiveness	
2	Checks for no breathing or no normal breathing <i>Minimum 5 seconds; maximum 10 seconds</i>	
3	Activates emergency response system/calls for AED	
4	Checks carotid pulse <i>Minimum 5 seconds; maximum 10 seconds</i>	
5	Locates CPR hand position	
6	Delivers first cycle of compressions at correct rate <i>Acceptable &lt;18 seconds for 30 compressions</i>	
7	Gives 2 breaths (1 second each)	
8	Delivers second cycle of compressions at correct hand position <i>Acceptable &gt;23 out of 30 compressions</i>	
9	Gives 2 breaths (1 second each)	
<b>AED arrives</b>		
AED 1	Turns AED on	
AED 2	Selects proper AED pads and places correctly	
AED 3	Clears victim to analyze <i>(Must be visible and verbal check)</i>	
AED 4	Clears victim to shock/presses shock button <i>(Must be visible and verbal check)</i> <i>Maximum time from AED arrival 90 seconds</i>	
<b>Student continues CPR</b>		
10	Delivers third cycle of compressions at correct rate <i>Acceptable &lt;18 seconds for 30 compressions</i>	
11	Gives 2 breaths (1 second each) with visible chest rise	
<i>The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.</i>		
12	Delivers fourth cycle of compressions of adequate depth with full chest recoil <i>Acceptable &gt;23 compressions</i>	
		<b>STOP THE TEST</b>
		PASS      NR